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## **General precautions**

- In relation to the new Coronavirus infection -

## PRECAUTIONS TO BE OBSERVED

The following precautions should be taken to prevent the spread of the new coronavirus epidemic:

- Wash your hands regularly and thoroughly for at least 20 seconds with soap and running water, or clean your hands with an alcoholic hand disinfectant.
  - o After arriving home
  - o Before and during cooking
  - o Before eating
  - o After using the toilet
  - o After sneezing, coughing, blowing the nose
  - o Before and after contact with a patient
  - o After contact with animals or animal faeces
- **Do not touch your eyes, mouth, face** or do so only after washing hands.
- Ventilate regularly!
- At your home, **clean the frequently touched surfaces as a routine** (e.g.: tables, desks, door handles, light switches, handles, toilets, taps, sinks and mobile phones)!
- Avoid large masses of people or confined spaces!
- Avoid any contact with patients who cough, sneeze, or have fever be it for any reason (flu, bacterial infection or other)!
- When coughing or sneezing, use a handkerchief, which should be discarded immediately after use! If you cannot do this, do not cough or sneeze in your hands, but in the elbow of a bent arm!
- If you are sick, keep away from others!
  - Avoid close physical contact with others
  - o Preferably use a separate toilet and washbasin
  - o Use separate tableware
  - Use a separate towel
- Only use a mask if you have respiratory symptoms (cough, sneezing) to protect those around you.

## DO YOU NEED FURTHER ASSISTANCE?

If you have any further questions, please do not hesitate to contact in one of the following ways:

- Telephone number: +36 80 277 455 and +36 80 277 456
- E-mail address: koronavirus@bm.gov.hu
- Website: https://koronavirus.gov.hu/
- Facebook page and Messenger: https://www.facebook.com/koronavirus.gov.hu/